

# JED STEIN MSW, RSW

## ABOUT ME

I am a registered social worker currently working as a clinical psychotherapist. I am passionate about healing individuals and communities by meeting people where they are at, building strong relationships, and prioritizing mutual aid and harm reduction. I constantly work to decolonize my thoughts, action and practice, so that it can be as anti-oppressive and trauma-informed as I can be. The majority of my experience is working with marginalized populations including 2SLGBTQ+ individuals, Indigenous communities, and people affected by homelessness, addiction, and complex trauma. I want to work in a space that feels safe for all people, and a culture that works to help heal not just the individual, but the communities, societies and systems they are a part of.

## CONTACT

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## EDUCATION

### UNIVERSITY OF CALGARY

Master of Social Work (Clinical: Adult Mental Health & Addictions), 2025

### CONCORDIA UNIVERSITY

Bachelor of Arts in Sociology, 2022  
Extended Credit Program with Distinction

## CERTIFICATIONS

IFS Crash Course  
Polyvagal and ACT (Polyvagal Institute)  
Psychological First Aid  
Suicide Prevention Training  
Standard First Aid & CPR  
Non-Violent Crisis Intervention (NVCi)  
FOIP (Freedom of Information & Privacy)  
Naloxone & Overdose Prevention  
AHS Child Protection Safety Training  
WET Training  
Indigenous Realities Training  
Cedars Addiction Centre: Discovery Program  
200-Hour Yoga Teacher Training

## WORK EXPERIENCE

### KINDRED ROOTS THERAPY INC.

Clinical Psychotherapy | Sept 2024 – current

- For individuals and couples
- Worked with diverse populations in a private practice setting

### CALGARY DROP-IN CENTRE

MSW Foundation Practicum | Jan – Apr 2024

Gender Diverse Shelter Task Force

- Co-developed a new shelter program for transgender individuals
- Wrote policies, client code of conduct, and staff best practices
- Led internal and external communications and recruited community members

Recovery Oriented System of Care (ROSC)

- Facilitated daily groups in a 3-month live-in transition program
- Provided 1-on-1 counselling for clients in early recovery
- Focused on harm reduction, trauma-informed, and client-centered approaches

### ALPHA HOUSE SOCIETY

Community Housing Caseworker | 2023

- Supported adults with mental illness and addictions in independent housing
- Delivered services based on Housing First, harm reduction, and trauma-informed care
- Coordinated mental health, medical, and social supports

### SHIFT GROUP HOME

Child and Youth Care Practitioner | 2022 (Contract, Live-in)

- Supported youth ages 9–18, in residential care, facing FASD, trauma, sexual abuse, and behavioral disorders
- Delivered therapeutic programming, crisis intervention, and emotional support
- Collaborated with RCMP and family services; helped build case against sex offender

## **WORK EXPERIENCE CONT'D**

### **MONTREAL URBAN ABORIGINAL STRATEGY NETWORK**

Indigenous Intervention Worker | 2021

- Provided frontline care at a 30-person warming tent for unhoused Indigenous adults
- Supported clients using substances with crisis intervention and overdose prevention

### **ROYAL VICTORIA HOSPITAL (RED ZONE)**

Indigenous Intervention Worker | 2020

- Supported Covid + homeless Indigenous clients in isolation during the pandemic with culturally appropriate care, and harm reduction

### **CHILDCARE PROVIDER (PRIVATE)**

Support for Toddler with Developmental Delays | 2019

- Provided structured care, emotional regulation support, and parent coaching

### **YMCA**

Specialized Camp Counsellor | 2019

- Sole counselor for group of 12 children (ages 7–12) with diverse needs

## **VOLUNTEER & COMMUNITY LEADERSHIP**

### **TWO-SPIRIT SOCIAL WORK RESEARCH PROJECT | 2024**

- Conducted a research study aimed at helping social workers better support Two-Spirit individuals
- Focused on culturally safe practices, community needs, and systemic barriers in mental health care
- Created a pamphlet of resources made in collaboration and for the 2s community

### **TRANS TRAUMA-INFORMED YOGA COLLECTIVE | FOUNDER & FACILITATOR | 2020–2023**

- Led weekly somatic-based movement and community support sessions for 3 years
- Created safe, healing space for trans and LGBTQ2S+ individuals

### **RISING YOUTH GRANT – QUEER ART & MUSIC TOUR | 2021**

- Produced 10-day free queer music arts tour in small towns in Eastern Canada

### **NORTHWEST TERRITORIES CANOE & CULTURE TRIP | 2013**

- 2 month canoe trip on the Mackenzie River, visiting 8 Dene communities
- Helped with events: bannock making, sweat lodges, child care, community gatherings
- Delivered day programs for children in community

**REFERENCES AVAILABLE UPON REQUEST**